

# IMPROVING BLADDER CONTROL

## Measurement Specifications for Star Ratings Program



### Measurement Description

This measure assesses urinary incontinence management.

### Measurement Source

HEDIS 2020-2021/ HOS 2020-2021

### Denominator

Medicare members 65 years of age or older who reported having any urine leakage in the past six months.

### Numerator

The following rates are calculated:

- The percentage of patients who discussed treatment options for their urinary incontinence with a provider (responded “yes”).

### Exclusion Criteria

Hospice	For Medicare reporting, exclude patients who actively receive hospice services any time during the measurement year.
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### NOTES

#### Health Outcomes Survey Questions

Q42. Many people experience leaking of urine, also called urinary incontinence. In the past six months, have you experienced leaking of urine?

Q45. There are many ways to control or manage the leaking of urine, including bladder training exercises, medication and surgery. Have you ever talked with a doctor, nurse, or other health care provider about any of these approaches?

### Best Practice

- Screen patients for urinary incontinence.
- Discuss bladder training exercise, medication and surgery as applicable.
- Make education materials easily accessible for patients.
  - National Institute on Aging has some information.
  - Materials for Patients <https://www.nia.nih.gov/health/urinary-incontinence-older-adults>

<b>Star Ratings Performance Thresholds</b>					
<b>Year</b>	<b>1 STAR</b>	<b>2 STARS</b>	<b>3 STARS</b>	<b>4 STARS</b>	<b>5 STARS</b>
2020	< 36%	≥ 36% to < 42%	≥ 42% to < 47%	≥ 47% to < 51%	≥ 51%
2021	< 39%	≥ 39% to < 43%	≥ 43% to < 46%	≥ 46% to < 51%	≥ 51%